

GARY T. TAYLOR

LICENSED CLINICAL SOCIAL WORKER

ASSISTANT PROFESSOR

EDUCATION

MASTER OF SOCIAL WORK

2012 - 2015

George Mason University

BACHELOR OF SCIENCE PSYCHOLOGY

2007 - 2011

Virginia Commonwealth University

PROFESSIONAL EXPERIENCE

Assistant Professor

Jan 2023- Present

Virginia State University Department of Social Work

- Teaches Master's Level Social Work students CSWE curriculum
- Provides on-line and in-class instruction to students
- Provides knowledge of social work foundation, principles and mission
- Attends department and university-wide meetings and events
- Provides in class classroom instruction for periods of up to three hours
- Knowledgeable of social work interventions, assessment and generalist-practice models
- Provides instruction for social work generalist models to students.
- Provides supervision and office hours for students to discuss questions and grievances that may arise with assignments
- Knowledgeable of Social Work Code of Ethics and ethical practices for social work students

PROFESSIONAL EXPERIENCE CONTINUED

OWNER, THERAPIST, & CONSULTANT

April 2014 - Present

Uphold 31:8 LLC

- Provides mental health awareness, education, preventative measures and resources to the community with special emphasis on the African American community
- Facilitates monthly meeting groups to provide a safe therapeutic space for men
- Provides specialized clinical therapy sessions for African-American men and women
- Manages financial income and reports of private practice and business entities
- Knowledgeable of Electronic Health Records and evidence-based practices in clinical practice
- Management of insurance reimbursements and explanation of benefits to clients
- Executes specific niche marketing to ideal client populations to engage in therapy
- Participates in roundtable discussions with elected officials and stakeholders around the topic of racial equity and social justice initiatives to enhance the well-being of the African-American community
- Consultation on best practices of stress management techniques and productivity management.
- Facilitates trainings on Diversity, Equity and Inclusion from a Racial/Social Justice Lense
- Serve on committees and local health advisory groups to help increase access to and quality of the social determinants of health, addressing poverty, trauma and mental health issues
- Participate in public speaking forums at the state and local levels of government

PROFESSIONAL EXPERIENCE CONTINUED

CLINICAL SOCIAL WORKER II

May 2019 - June 2021

Virginia Commonwealth University Health System

- Applied knowledge of culture, human behavior, normal human development and social work theories in the assessment.
- Provided Needs Assessments to patients in a Medication-Assisted Treatment (MAT) Office Based Opioid treatment (OBOT) program
- Well-versed in Medicaid guidelines in the treatment of patients in OBOT programs (Opioid/Substance Abuse).
- Facilitated weekly treatment team meetings with multi-disciplinary teams to discuss plans of care for patients.
- Facilitated admission into higher level of care programs for Substance Abuse across the state of Virginia.
- Developing an effective working relationship with the patient and caregiver through engagement, collaboration, advocacy, decision making and problem-solving activities.
- Educating patients and their caregivers about the health care plan, resources available and treatment recommendations.
- Using appropriate eligibility criteria for community-based services and entitlement program.

EMERGENCY SERVICES THERAPIST

July 2015 – April 2019

Rappahannock Area Community Services Board

- Assesses the general psychological, mental health, substance abuse use and medical status of individuals referred to the agency, who may be suicidal, homicidal, or unable to care for themselves.
- Thorough knowledge of principles, practices and policies involved in the diagnosis and treatment of the substance abusive, mentally and/or emotionally disabled population.
- Thorough knowledge of behavioral health legal policies and procedures relating to voluntary and involuntary hospital admission, emergency custody orders, temporary detention orders, suicide and crisis prevention.
- Ability to document clear and concise assessments, and notes on moderate to severe complex cases under time sensitive requests.
- Ability to communicate effectively to multiple professionals (lawyers, nurses, physicians, therapists, special justices) about criteria for inpatient hospitalization.
- Thorough knowledge of Virginia state guidelines, Department of Behavioral Health and Developmental Services and Medicaid standards and procedures for people with mental illnesses and substance abuse who are in a crisis

PROFESSIONAL EXPERIENCE CONTINUED

THERAPEUTIC DAY TREATMENT COUNSELOR

Feb 2014 - Aug 2014

Intercept Youth Services

- Provides individual weekly counseling, along with group and family counseling, and crisis intervention by utilizing behavior modification interventions.
- Engages in preventative measures with teenagers, parents, teachers and administration to decreased suspensions.
- Provides case management to clients and service coordination to multiple agencies per authorization.
- Develops and implements assessments, progress and quarterly reports, and discharge plans.
- Serves as a clinical liaison to referral resources, parents/guardians, school administration and staff.
- Maintains high quality of clinical documentation of all casework completed in a timely manner in compliance of Medicaid regulations and guidelines
- Develops new individual service plan/treatment plan goals and objectives as needed based on client's needs.
- Partners with the school administration and staff to provide an open line of communication to prevent behaviors

MENTAL HEALTH TECH

Aug 2011 - Oct 2013

Snowden at Fredericksburg

- Provides a continuum of care to individuals with mental illnesses and substance abuse disorders in an inpatient setting
- Works with a multi-disciplinary team including doctors, nurses, psychiatrists in the aid and treatment of individuals with mental illness
- Able to identify current stressors of individuals in order to provide treatment and discharge planning by using group therapy and 1:1 therapy sessions
- Ability to work with adults and adolescents who present with a mental illness, or have an intellectual disability
- Works with different ethnic populations along with individuals of low income and homeless population from multiple age groups
- Ability to document clear and concise progress reports of individuals, including quarterly safety checks, and treatment goals
- Coordinates training with supervisors as a preceptor for new employees
- Knowledgeable of patient's rights, HIPAA, and confidentiality terms

FIELD EXPERIENCE

INTERN

Sept 2014 – May 2015

Prince William Area Agency on Aging

- Attended meetings on aging topics with agency director to examine systems in relation to local, state and federal government groups (Commission on Aging, Northern Virginia Area Network, Friends of the Senior Center).
- Analyzes program outcome measures in comparison to surrounding jurisdictions to build capacity in Prince William.
- Created data info sheets with aging statistics that educate and promote awareness of the aging population.
- Advocates on behalf of the No Wrong Door policies and initiatives within the agency and fostered partnerships and relationships with multiple stakeholders.
- Created a logic model to address different ways to carry our programs through the Agency on Aging.
- Created an evaluation of complex HUD programs and Medicaid waivers to address deficiencies and gaps in older adults and long-term care facilities to be presented to administration.
- Attends General Assembly meetings to gain additional insight, and knowledge about aging policies from state and federal legislature.

INTERN

Aug 2013 - June 2014

RACCAP/RAOOY

- Performed office and clerical duties at the organization handling documents, administrative tasks and registration for support groups to prevent child abuse and neglect.
- Co-facilitated an evidence-based program called Inside Out Dads (2013) support program to male inmates at Peumansend Creek Regional Jail, to prevent unhealthy relationships with family and children.
- Worked with the executive director to develop a strategic plan for the organization by appropriately assessing needs, building capacity, and engaging stakeholders.
- Collaborated with different community partners and stakeholders to create fundraising opportunities to increase awareness and preventative measures of child abuse and neglect.
- Engaged in multiple community outreach events on behalf of the organization (i.e. health fairs, Learn and Serve, fundraisers) to solicit support and create partnerships to help prevent child abuse and neglect.
- Participated in a skill based after-school program (MyLife) for at risk youth to create leadership skills and conflict-resolution.
- Participated in advocacy on behalf of the MyLife program for implementation into local public schools.
- Became certified as a facilitator of Circle of Parents (2013) in order to facilitate parenting classes, to prevent child abuse and neglect.

ORAL PRESENTATIONS

- Sneakerheads in Conversation (RVA Black Mental Health Week, 2022)
- Racial Equity in the Workplace (RACSB, ACT + PSH, 2022)
- Lock N Talk Men's Mental Health Barbershop Talk (RACSB, 2022)
- To Heal and Be The Healer (Mental Health America Conference, 2022)
- Are You Intentional? (VCU Rams in Recovery Conference, 2022)
- How To Start A Virtual Private Practice (Millennial Social Work Conference, 2022)
- Men's Mental Health (Region 10 Lock N Talk, 2022)
- Mental Health Equity in Gun Violence Prevention (WAVE Educational Fund, 2022)
- The Branding + Business of Private Practice (DocSpace/Ease 2022)
- How To Start A Virtual Private Practice (Millennial Social Work Conference, 2022)
- Racial Equity: Fear of The Black Man (Anti-Racism Summit, 2021)
- The Intersectionality of Racial Equity and Mental Health (The Network for Social Work Management: Forward Thinking Summit, 2021)
- College Transition Seminar (Seed Public Charter School, 2021)
- Ethically Building Your Social Media Presence Panel (Clinician Fest, 2020)
- Black Lives Matter Millennial Virtual Townhall Discussion (Oxford Mt. Zion Baptist Church, 2020)
- Dealing with Stress during COVID-19 (The Office of Delegate Josh Cole, 2020)
- You Good Fam? Mental Toughness in a Crisis (Greater Fredericksburg Black Chamber of Commerce, 2020)
- You Good Fam? Support Group for the Black Community (Mentl.Sesh, 2020)
- Mental Health: It's a Real Thing! NAACP (Stafford Branch) 2019
- Youth of Promise Mentoring Program (2019)
- You Good Fam? Mental Health in the Black Community Panel (Delta Sigma Theta Sorority, Inc. Fredericksburg Alumnae Chapter, 2019)
- Mined Over Matter (Community Church Experience, 2018)
- Mental Health America Fredericksburg Walk to Stop Suicide (2018)
- Black Minds Matter: The Exploration of Mental Health in the Black Community (Zeta Phi Beta Sorority, Inc. Fredericksburg Area Alumnae Chapter, 2018)
- Youth and Mental Health (Mattaponi Youth Association 2017, 2022)
- Call to Action: Destroying the School to Prison Pipeline (Jericho Baptist Church, 2017)
- Black Men's Mental Health (Mt. Oni Baptist Church, 2017)

A W A R D S

Community Achievement Award (Alpha Kappa Alpha Sorority Inc. Xi Upsilon Omega Chapter, 2019)

Caroline County Local Heroes Award (2019)

Oxford Mt. Zion Baptist Church Philanthropist Award (2018)

Non-Violent Advocacy Award (Caroline County Sunday School Union, 2017)

P U B L I C A T I O N S & F E A T U R E S

Coghill, T. (2022, February 25). Caroline therapist focused on mental health of Black men. The Free Lance-Star

Dyson, C. (2022, September 13). Amid barbershop chairs, counselor focuses on mental health. The Free Lance-Star.

Taylor, G. T. (2018). Mental Health Keys. Brockport: Lift Bridge Publishing.

Taylor, G. T. (2018). You Good Fam? Brockport: Lift Bridge Publishing.

Taylor, G. T. (2022). Refresh: The Journey to Find Peace. Brockport: Lift Bridge Publishing.

V O L U N T E E R & C O M M U N I T Y O U T R E A C H

Caroline County Community Leaders Roundtable: Racial and Social Justice (2020)

National Association for the Advancement of Colored People (NAACP) Caroline Branch

Community Organizing around Confederate Monuments (2020)

Back to School Drive (Unmasked Inc. 2019)

GETHOMESAFE Community Mental Health Outreach (2018-2019)

Keep it 100 (Unmasked Inc (2017-2019)

S U P E R V I S I O N & C O N S U L T I N G

MSW Internship Task Supervisor for Mental Health America (Fredericksburg) (2022-2023)

MSW Internship Task Supervisor for VCU HEALTH: Department of Psychiatry (2020-2021)

Brothas in Social Work Collective (2020-present)

The Goodfellaz Project (2019- Present)

Stop The Violence Movement/ Unify. Illuminate and Empower (2014-2017)

DocSpace50 Mentor (Clinicians Launching Private Practice)

Mined Over Matter (2012- Present)

References

Kari Norris, LPC (Emergency Services Supervisor)

RACSB

540-373-6876

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Meghan Stucke, LCSW (Care Coordination Supervisor)

VCU Health: Department of Care Coordination

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Dr. James Bell (Founding Principal)

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